

RETREAT CAFE

& CATERING

BREAKFAST

Toast \$5.00 (GFO)

Two slices of thick cut toast (white, multigrain, or wholemeal) served with your choice of strawberry jam, marmalade, vegemite or peanut butter.

Fruit Toast \$5.50 (GFO)

One slice of fruit toast served with butter.

Bacon Sandwich \$11.00 (GFO)

Fried bacon on thick cut toast (white, multigrain, or wholemeal).

Bacon and Egg Sandwich \$12.50 (GFO)

Fried bacon and eggs (2) served on thick cut toast (white, multigrain, or wholemeal).

Bacon and Egg Wrap \$13

Fried bacon and eggs (2) served in a wrap.

Eggs & Toast \$12 (poached, fried or scrambled) (GFO)

Eggs cooked your way served with two slices of thick cut toast (white, multigrain, wholemeal).

Bacon, Eggs & Toast \$16 (poached, fried or scrambled) (GFO)

Eggs cooked your way served with fried bacon and two slices of thick cut toast (white, multigrain, wholemeal).

Avocado on toast \$14.50(GFO)

Smashed avocado served on two slices of thick cut toast (white, multigrain, or wholemeal).

LIGHT MEALS

Cup of Chips \$7 – (GFO)

Gravy - \$3.00 | Garlic Aioli - \$3.00

Bowl of Chips \$10 – (GFO)

Gravy - \$3.00 | Garlic Aioli - \$3.00

Soup of the Day \$9 (please ask soup availability) – (GFO)

Soup of the day served with two slices of thick cut toast (white, multigrain, or wholemeal).

Fish & Chips \$16

Side of Garden Salad (balsamic or French dressing) - \$5.00

Crumbed fish, deep fried and served with chips and tartare sauce.

Caesar Salad \$16 – (GFO)

Chicken - \$4.00

Lettuce, bacon pieces, parmesan, egg, croutons and Caesar dressing.

Greek Salad \$16 – (GFO)

Chicken - \$4.00

Lettuce, cucumber, tomato, Spanish onion, feta, olives, oregano & balsamic dressing.

Garden Salad \$15- (GFO)

Chicken - \$4.00

Lettuce, cucumber, tomato, Spanish onion, grated carrot, beetroot with your choice of balsamic or French dressing.

Chicken Schnitzel Plate \$20

Crumbed chicken breast served with chips and a side of garden salad with dressing of your choice.

Fisherman's Basket \$22

Fish, scallop, prawn, calamari lightly crumbed served with chips and a side of garden salad with dressing of your choice.

BURGERS & GOURMET SANDWICHES

Beef Burger \$16

Side of chips - \$5.00 | Side of Garden Salad - \$5.00

Angel Bay beef patty, beetroot, lettuce, tomato and caramelized onion.

Southern Style Chicken Burger \$15

Side of chips - \$5.00 | Side of Garden Salad - \$5.00

Lightly spiced chicken breast, lettuce, cucumber ribbons & Caesar dressing.

Chicken Schnitzel Burger \$14

Side of chips - \$5.00 | Side of Garden Salad - \$5.00

Crumbed chicken breast, lettuce & mayo.

BLT \$16 (GFO)

Side of chips - \$5.00 | Side of Garden Salad - \$5.00

Bacon, lettuce, tomato and mayo on thick cut toast (white, multigrain, or wholemeal).

Chicken BLT \$18 (GFO)

Side of chips - \$5.00 | Side of Garden Salad - \$5.00

Chicken, bacon, lettuce, tomato & mayo on thick cut toast (white, multigrain, or wholemeal).

BLAT \$18 (GFO)

Side of chips - \$5.00 | Side of Garden Salad - \$5.00

Bacon, lettuce, avocado, tomato & mayo on thick cut toast (white, multigrain, or wholemeal).

SANDWICHES – Fresh or Toasted (GFO)

Fresh or Toasted Sandwiches \$8.90

Your choice of white, wholemeal or multigrain bread made to order. Ham, chicken, turkey, egg, cheese, salad, tuna, corned beef, roast beef

ADDITIONS

Carrot - .80c

Tomato - .80c

Onion - .80c

Lettuce - .80c

Cucumber - .80c

Beetroot - .80c

Cheese - \$1.00

Avocado - \$2.00

Complimentary condiments: Mayo, sweet mustard pickle, fruit chutney, cranberry sauce.

EXPRESS CABINET ITEMS

Check the cabinet for daily grab 'n' go items:

Purabon Protein Balls - \$4.60 Fresh Sandwiches (variety) - \$9.90 Gourmet Turkish or Sourdough Rolls - \$10.90

Cookies (G.F & Vegan) \$4.70

EXTRAS – Bacon - \$3.50 | Tomato - \$3.00 | Avocado - \$3.00 | Egg - \$3.00 | Tomato/BBQ Sauce .20 c

Turkish - \$1.50 | G.F - \$1.50 | Sourdough - \$1.50| Wrap - \$1.50

We will endeavor to accommodate requests for special needs for our customers who have food allergies or intolerances. Please note we take caution to prevent cross contamination, however any product may contain traces of nuts, gluten and other known allergens as our entire menu is produced in the same kitchen. Please speak to a member of staff if you have any food concerns.

